



## Counselling and Support Services

2 Glasgow Road, Camelon, FK1 4HJ  
enquiries@quiet-waters.org  
www.quiet-waters.org

### Counselling Service

For personal, emotional or relationship problems; past hurts or present problems.

For appointment call 01324 670 600. Day and evening appointments available.

Office hours: 9:00am to 1:00pm – Monday - Friday

### Pregnancy Centre

Pregnancy Crisis, Post-Termination Counselling and Miscarriage Support

For appointment at centre call 01324 670 600. Day and evening appointments available. Appointments are also available at the Forth Valley Royal Hospital Termination of Pregnancy Clinic on request.

Office hours: 9:00am to 1:00pm – Monday - Friday

### Bereavement Support

Support groups and counselling for the bereaved

For appointment call 01324 670 600. Day and evening appointments available.

Office hours: 9:00am to 1:00pm – Monday - Friday

All Services are Free and Confidential